

January 2021-May 2021 Schedule

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Times	Mondays	Tuesdays	Wednesdays	Thursday	Friday	Times	Saturday
9:00am -10:00am						9:00am -10:00am	Kimnastics' Parent Workshops
							Kimnastics Exploration
10:00am -11:00am						10:00am -11:00am	Ages, 3-12
11:00am -12:00pm						11:00am -12:00pm	Kimnastics' Saturday Morning Wake -Up! Ages, 3-5
12:00pm -1:00pm	Private Session	Private Session	Feeling Fit! Group Fitness Ages, 12 and Up	Private Session	Private Session	12:00pm -1:00pm	Kimnastics' Making Sense of Mathematics Through Gymnastics! Ages, 6-12
1:00pm -2:00pm	Private Session	Kimnastics' Community Pod Frederick Co.	Weight Management Program	Kimnastics' Community Pod Frederick Co.	Private Session	1:00pm -2:00pm	Kimnastics Exploration Ages, 3-12
2:30pm -3:30pm	Kimnastics Exploration Ages, 3-5				Kimnastics Exploration Ages, 3-5	2:00 -3:00pm	Math & Science in the Kitchen Ages,6-12
3:30pm -4:30pm	Kimnastics Exploration Ages, 6-12				Kimnastics Exploration Ages, 6-12	3:00pm -4:00pm	Feeling Fit! Group Fitness Ages, 6-12
4:30pm-5:30pm	Kimnastics' Enrichment Pod Ages, 6-12	Private Sessions Online	Feeling Fit! Group Fitness Ages, 6-12	Private Sessions Online	Kimnastics' Enrichment Pod Ages, 6-12	4:00pm-5:00pm	Kimnastics' Parent Workshops
5:30pm-6:30pm	Feeling Fit! Group Fitness Ages, 12 and Up	Private Sessions Online	Kimnastics Exploration Ages, 3-12	Private Sessions Online	Game On! Ages, 6-12	5:00pm-6:00pm	
6:00pm-7:30pm						6:00pm-7:00pm	